

## 7 & 8 VOLLEYBALL

### A. FORMAT:

1. Separate North and South tournaments, with crossover championships
  - Top 2 in the North vs. Top 2 in the South
2. Boys and girls team, 2 teams maximum per gender per school.
3. Approximate date: Last week of November  
Cross Over playoffs- first week of December

### B. CVA RULES WILL APPLY - WITH THE FOLLOWING MODIFICATIONS.

[CVA Rules](#)   [Officiating resource](#)

1. Matches consist of best of 3 sets. First 2 sets to 25 points, 3<sup>rd</sup> set (if necessary) to 15 points. (half-hour time limit).
2. 1 timeout per set, one minute in duration.
  - a. The Referee may grant an additional "Fair Play" timeout in situations where a player may require intervention from a coach or school staff member. This player may be substituted for if they are unable to regain their composure, with the player able to rejoin the game if they are able at the earliest opportunity.
3. One step over the back court line is allowed on serves if playing cross-court.
4. Players may legally overhead pass a served ball.
5. Full warm up for the first match and then a 2-minute warm up for all the other games.
6. Games may go ahead of schedule and teams should be prepared to play
7. Playing time- Set 1 and 2 new 6 each set. Set 3 coaches' decision.
8. In a 25 point game, maximum of 5 serves in a row by one player.
9. Net height at 2.13 meters.
10. The official ball for middle years will be the Mikasa MVA200.

### C. Playoff Rules

1. In case of a tie in standings, order of finish will be determined by:
  1. Match played between tied teams
  2. Total + / - between games of the tied teams.
  3. Total points + / - between all of the tied teams
2. Round robin with playoffs to determine the top two teams for crossover
3. In playoffs, best 2 out of 3, 25 point sets with a two-point advantage and 3<sup>rd</sup> set up to 15 with no cap.
4. A 30 minute break between the last semi-final match and the finals should be placed into the cross-over schedule in order for coaches to rest their players. However, if both teams mutually agree to start the championship game earlier, they may do so.
5. Banners will be given out to first place teams and ribbons to the champions (red) and finalists (blue).